

## ADULT VOLLEYBALL RULES

- Teams are in charge of making the calls, including in the net and out of bounds.
- Rally scoring to 25
- 3rd set to 15
- You may start a game with 4 players
- No more than 3 men on the court at any one time, per team
- You are allowed to block the serve, but not allowed to attack the serve
- No kicking the ball
- Teams may play double headers
- Must be 18 years of age and no longer in high school

### IMPORTANT-

Children are welcome to come to the games but please keep them in your sight. They must remain seated during the games. The school district does not want children unsupervised in the lobby.

These rules must be followed so we do not risk losing our gym privileges.